



LET'S TALK ABOUT
OBESITY

& _____



LET'S TALK ABOUT...

the role biology
plays in obesity.



LET'S TALK ABOUT...

how the food we
have available to
us contributes to
obesity.



LET'S TALK ABOUT...

genetic risk as a
factor for
obesity.



LET'S TALK ABOUT...

the importance
of healthcare
access in
addressing
obesity.



LET'S TALK ABOUT...

how life events
can influence
weight gain
and obesity.



LET'S TALK ABOUT...

food marketing
as a contributing
cause of obesity.



**LET'S TALK
ABOUT...**

mental health.



LET'S TALK ABOUT...

sleep!



LET'S TALK ABOUT...

the stigma that
people living with
obesity face.



LET'S TALK ABOUT...

how we define
obesity.



LET'S TALK ABOUT...

obesity as
a disease.



LET'S TALK ABOUT...

the risk factor
of living with
obesity for
other health
conditions.



LET'S TALK ABOUT...

“Eat less, move
more.”



LET'S TALK ABOUT...

the dangers of
weight stigma in
society.



LET'S TALK ABOUT...

childhood
obesity.



LET'S TALK ABOUT...

when individuals
are blamed for
their obesity.



**LET'S TALK
ABOUT...**

weight.



LET'S TALK ABOUT...

the
misconceptions
around obesity
and wealth.



**LET'S TAKE
A BREAK...**



LET'S TALK ABOUT
OBESITY

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LET'S TALK ABOUT...

your experience
of obesity.



**LET'S TALK
ABOUT...**

bold policies.



LET'S TALK ABOUT...

giving young
people the power
to act on obesity.



LET'S TALK ABOUT...

creating
healthy work
environments.



LET'S TALK ABOUT...

how healthcare
professionals can
improve access
and patient
experience.



LET'S TALK ABOUT...

how we can make
addressing
obesity a
collective effort.



LET'S TALK ABOUT...

how the media
conversation
around obesity
can be improved.



LET'S TALK ABOUT...

obesity rising in
every continent.



LET'S TALK ABOUT...

what we can do
to turn
conversations
into action.



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If you are looking for more information on the card topics including:

ROOTS OF OBESITY

OBESITY FACTS

CHANGING PERSPECTIVES

please visit

www.worldobesityday.org

where you will find the Key Audiences, Resources, and Campaign toolkit.

scan me!





LET'S TALK ABOUT
OBESITY &

HEALTH





LET'S TALK ABOUT
OBESITY &

OUR WORLD





LET'S TALK ABOUT
OBESITY &

YOUTH

